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ART & SCIENCE MICROFORUM III – Body & Emotional Intelligence
26, 27, 28, 29 February & 1 March 2024
Flux Laboratory Athens, Geronta 12, 105 58 &
Building at 5 Palaiologou Benizelou, 105 56

Flux Laboratory Athens happily announces the third edition of the **Art & Science Micro Forum**, which will take place over one week: 26 February – 1 March 2024.

The Art & Science Micro Forum is an original artistic and scientific encounter that started in 2022, in the format of an unexpected symposium. Dancers, choreographers, scientists, technologists and the general public came together for a day to explore the “worlds” that are being born through the synergy among dance, the human body, science and technology. Flux Laboratory Athens initiated a platform for dialogue and experimentation on the boundaries of arts and science through performances, speeches, speed dating events and workshops. For Flux Laboratory Athens the reconsideration of movement as a tool for thinking and acting has been a fundamental concern.

The **third edition** of Art & Science Micro Forum brings focus to our inner worlds and how these affect us and those around us. In an era where public discourse is focused on the evolution of artificial intelligence, virtual reality and ever increasing use of technologies that enhance the digitalisation of the human experience, we choose to shed light on the quieter landscapes of our inner worlds: the human psyche and its capacity for emotional intelligence. Emotional Intelligence (EI) is the ability to manage both our own emotions and understand the emotions of people around us. As opposed to Artificial Intelligence (AI), emotional intelligence highlights our interdependence and the porous boundaries between the I and the we.

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This world exists in our body, is ever present but yet under explored. In the forum, we draw from anthropology and psychology and invite the audience to a series of performances, workshops and talks. We examine the private and public body as a tool for increasing our capacity to listen to ourselves, to each other and to instigate positive changes towards a more inclusive, understanding and caring social fabric.

We invite the public to engage in a porous, open relationship between audience, artists, scientists, and create with us an expanding network of interdisciplinary discourse.

Programme

*Entrance is free to all events.

Limited places, online booking is required. Book [here](#).

Monday 26 February [Building at 5 Palaiologou Benizelou, 105 56, 1st floor]

6.30pm - 8pm, **'we need to talk about father'**

workshop

Through dialogue and dance we explore the synthesis of the modern father figure and the concept of fatherhood in general. Based on the choreographer's research for the project 'the kids performance'.

Facilitators: Angelos Papadopoulos (choreographer/performer) & Eleni Tzikou (psychotherapist)

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9pm, **'the kids performance'**

performance

The meeting of a father with his child and a dance of reconciliation. The work examines the figure of the father in Greek society, looking for interpretations - through dialogue and dance - of what constitutes the paternal body. How can movement - dance - interpret traumas and desires?

Choreographer: Angelos Papadopoulos, Performers: Angelos Papadopoulos, Takis Papadopoulos, Video: Dimitra Tzanou, Scientific consultant: Eleni Tzikou

Tuesday 27 February [Flux Laboratory Athens, Geronta 12, 105 58]

7pm - 9pm, **'b(I)alloon _ lab'**

installation performance / participatory workshop / discussion

Choreographers Yiota Peklari and Vasia Zorbali, together with a mixed group of performers with or without visual or auditory impairment, explore the imprinting of time through the materiality of the body - organic and non-organic - in the direction of the universally

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accessible artistic work. By placing the artistic work in the dimension of experiential experience, the choreographers invite us to a tangible, participatory presentation that includes an excerpt from the research, a workshop, presentations and an open discussion.

The event is accessible to people with visual or hearing impairment.

Concept, Choreography: Yiota Peklari, Vasia Zorbali, Installation: Vasia Zorbali, Sound design: Yiota Peklari, Choreographers' assistant, Scientific consultant: Natasha Martin, Performers: Vasia Zorbali, Yiota Peklari, Natasha Martin, Olga Dalekou, Christos Koutsovasilis.

with interpretation in Greek Sign Language by Androniki Xanthopoulou

Wednesday 28 February [Flux Laboratory Athens, Geronta 12, 105 58]

6pm - 8pm, **'me & you, you & me '**

argentine tango workshop

How we move often reveals how we are. In this workshop we will explore the core element of Argentine Tango - the connection and communication with the other. We will focus on the essence of this dance, on its primal authenticity which is communication and empathy through the embrace.

Facilitators: Carlos Dall'Asta & Maria Karageorgou in collaboration with psychologist & Systemic Therapist Androula Ilia

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8.15pm - 11pm **'milonga'**

The workshop will be followed by a milonga, the traditional Argentine tango social evening for dancers of all levels. DJ: Maria Karageorgou

Thursday 29 February [Flux Laboratory Athens, Geronta 12, 105 58]

6pm – 8pm, **'concentric circles'**

traditional dance workshop

Greek traditional dance plays a powerful role in creating a sense of community and in constructing and reinforcing identities. The participants get to know the Greek traditional dance through an experiential process, where the body will be the tool and the vehicle for achieving team spirit, practices understanding and inclusive processes.

Facilitators: Dr. Maria Koutsouba (Professor, Choreology, UOA), Konstantinos Dimopoulos (Assistant professor, Choreology, UOA), George Foutzoulas (Post doctoral researcher in traditional dance, dance teacher)

9pm, **'art & science speed dating '**

Networking event for artists & scientists.

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Friday 1 March [Flux Laboratory Athens, Geronta 12, 105 58]

8pm, '**Reflections**'

performance

Two selves, of light and darkness, a whole universe in a minimal representation, in the liminal space of shadow. The performer creates two performance spaces, making a peripatetic performance, on the hinterland of the human landscape.

Concept, Choreography, Performance: Athanasia Kanellopoulou, Assistant Choreographer
Rehearsal Coordinator: Vassiana Skopetea, Mask Construction: Sotiris Melanos

9pm, '**Nadjia - Who am I?**'

film screening & discussion

Part A: 'Nadja-Who Am I?' The short film poses questions and concerns, in relation to female nature, using as a starting point the photographic material of the American photographer Francesca Woodman

Part B: Discussion with Zoe Bakopoulou, Psychoanalytic Psychologist, on the choreographer's work, with main axis the body in relation to liminal space. The presentation will follow an open discussion with the audience around key concerns raised by the modern development of technology: the self through the gaze of the other, digital masks, vulnerability, loneliness.

Production: Flux Laboratory Athens

Program curator: Chloe Aligianni

Under the auspices of the Embassy of Switzerland in Greece

About Flux Laboratory Athens

Founded in 2003, Flux Laboratory is an experimentation laboratory originally based in Geneva, working closely with Fluxum Foundation. Flux Laboratory produces transdisciplinary artistic projects and experiments with new creative and collaborative processes. Flux Laboratory encourages synergies and since 2016, it supports and produces cultural projects in Athens under the auspices of the Embassy of Switzerland in Greece. As a hub dedicated to the development of projects related to body and movement, Flux Laboratory Athens develops and fosters artistic, social and entrepreneurial initiatives.

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